

Vilsack declares Aug 23-29 National Community Gardening Week

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by Ed Harris

Agriculture Secretary Tom Vilsack announced last week that August 23-29 will be National Community Gardening Week, and declared the need for Americans to connect with the land, the food it grows, and their local communities.

A community garden is an opportunity to educate everyone about from where food comes, whether that is a Farmers Market or a garden, and is important to increasing generations of healthy eaters. Community gardens can be anywhere whether it is in the country, a city or a suburb. It can be one community plot or can be many individual plots.

“Community gardens provide numerous benefits including opportunities for local food production, resource conservation, and neighborhood beautification,” said Vilsack. “But they also promote family and community interaction and enhance opportunities to eat healthy, nutritious foods. Each of these benefits is something we can and should strive for.”